

Carlton
Primary School
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Carlton 3053

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★ Carlton's Got Talent

★ Thanks to family and friends who joined us at our annual Carlton's Got Talent performance last week. We were treated to a wonderful array of individual and group acts. Well done to everyone who participated.



★ Impressions from Athletics day

Have you felt so nervous that your stomach is about to explode? As I was getting ready for the 1500m I felt thousands of butterflies in the depth of my guts. In 3,2,1 the whistle blew. And I've got to be honest, I actually felt a bit more confident. As I was running the 3rd lap, my lungs started to burn, but I stopped a few times. I knew that it was the last lap. I knew that I had to sprint, so I did. But I came 3rd last, which was not good but I tried. After the 1500m race I felt pretty proud of myself because I finished the race, but I struggled. It was worth it. **Vina**

Cam told me to do 800m, I said I couldn't, he said "Do it for the school". I said "No Cam", he said "For me". I said "Ok but how am I going to?". He said, "Are you ready?" YES, 3, 2, 1. We started. I felt good the first lap, then when we finished I had fun, it was so good. **Mohaned**

I went to athletics with everyone to verse other schools. The whistle blew before any of the boys or girls ran. Some people have time sheets for activities from our school. What can I do? I watched, it's pretty good to be there but tiring. **Liyuan**

When we arrived I was very nervous because it was my first time going to a real proper athletics track. I got lots of butterflies and goose bumps at first because I was doing hurdles and we didn't practise much at school but thanks to my friends and teachers for all the encouragement. So I went and stood in my line on the track and waited for the lady to blow the whistle. When she blew the whistle I ran as fast as I could and jumped as high as I could until the end. At the end I only knocked over one hurdle, I also came fifth place but at least I beat one girl that came in 6th place. I felt very, very, very proud of myself and that's what I did in hurdles. **Salwa**

★ Things to do in the holidays

- ◆ Visit the Kathleen Syme Centre
- ◆ Visit the museum
- ◆ Play outside—table tennis, soccer or basket ball in the Neill Street Reserve
- ◆ Enrol for activities at the Carlton Baths—find out more (<http://www.carltonbaths.ymca.org.au>) or call the centre on 9347 3677.
- ◆ Read, read, read!

Have a great, safe holiday and we look forward to seeing everyone back at school on Monday October 7th at 9am.

Regards

Julie Large
Principal