

Carlton Primary School

A welcoming, diverse, community focused school

Supervision

Term One 2018 Newsletter #3

Dates to Remember

Wednesdays

No school for Prep students on Wednesday until after Labour Day

Monday March 13th

Labour Day-no school

Monday March 19th

School Council Annual General Meeting-3.30pm

Thursday March 29th

Last day of term-2.15pm finish

Monday April 16th

First day of term two-9.00am start

Wednesday April 25th

ANZAC day public holiday-no school

Parents are reminded that teachers are on duty before school from 8.45-9.00am and after school from 3.15 until 3.30pm. Children should not be unattended in the school grounds before or after these times

Learning Behaviours Umbrella

You will have noticed at the school entrance our umbrella. Each panel of the umbrella contains the name of a learning behaviour that research tells us is essential for success at school and in later life. As educators we encourage curiosity, persistence, bravery, self-regulation and reflection in students. These learning behaviours help our students beyond the classroom and assist them to be lifelong learners. They also tie in with our whole school focus on effort. We celebrate achievement in these important learning behaviours by awarding student raindrops that match the behaviour that they have shown. We also have special rainbows for students showing kindness. We look forward to a flood of raindrops and rainbows decorating our entrance as the year progresses. Why not ask your children to explain the meaning of the umbrella to you next time you are at school.



Ayden and Arshea putting up the raindrops that they were awarded for showing self-regulation in their learning.

Hot Chocolate Club

& Younis

Congratulations to the following children who have ioined me at Hot Chocolate Club in recent weeks. Princes learning area -Toleen & Andy, Drummond learning area - Masoud & Mussa, Rathdowne learning area - Siham



Essential Education Items Fee

Thank you to those families who have already been to the office to pay their annual essential education items fee of \$100 per child. Can I remind those families who have not yet paid that this money is used to provide all of the materials that support your child's learning and payment from every family as soon as possible would be very much appreciated. Payment can be either in cash or by EFTPOS.

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ጵ Name: Prince

- Grade: 2/3 Drummond
- **Book: Harry** Potter and the **Deathly Hallows** by JK Rowling

Why should other people read this book?

- This book has scary words and
- characters in it

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and that's why I like it. The scariest one is Voldemort. He does scary magic to make people disappear. I think maybe eight to fifteen year olds would like this book. I watched the movie too and really liked it.

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Supporting good sleeping habits

Carlton Primary School

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and

At class information meetings recently, the discussion about recommended sleep times for children raised a lot of interest and discussion. Research tells us that children who do not get enough sleep are Drummond streets not able to learn at their best. We are also aware that many children are spending far too long on screens (iPhones, iPads and computers) and that this is impacting on

their sleep too. Here are some research based strategies to help families ensure that children get enough sleep:-

RECOMMENDED SLE

(EARS: 12-15 h YEARS: 10-13 hour 6-13 YEARS: 9-11 hours ore in younger end of spectrum) 17 YEARS: 8-10 hours

- Work out an appropriate bedtime for your children based on the age/sleep • guidelines above
- Insist on no screen time in the hour before bed
- Start a regular pre-bedtime routine with your children in the 30 minutes before • sleep, including brushing teeth, putting on pyjamas and reading a book
- No devices in the bedroom. Never allow children to use a device in bed to ensure that bed is associated with sleep
- Make sure that devices aren't accessible without adult permission

Changed phone numbers

An important reminder to inform the office straight away if family contact numbers or the numbers of your emergency contacts change.



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- What's happening with the learning precinct redevelopment?
- ٠ Ground floor and level two demolition is well underway
- Lift shaft removed (a new, bigger lift will be ٠ installed at the Palmerston Street entrance)
- Ground floor (Early learning centre) ٠ plumbing works have started





Regards

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Julie Large Principal